

Optional extras for the “Discovery” package

• Option 1: “Nature & Spa”

Take full advantage of an area designed and created solely for your well-being – the **steam room, Jacuzzi sauna, and beauty salon** where, having made a booking with Astride our aesthetician, you can discover rituals from all over the world using the Thémæ range of natural products each Saturday (or on other days on request).

Open daily (except Mondays) from 2 pm to 8 pm. Open mornings on request.

Wearing of swimwear required.

Admission: 20 € per person (robe and slippers supplied)

• Option 2: “Nature & Angling”

Just a stone’s throw from the hotel is the Sommedieue estate where you can learn the secrets of fly fishing etc. Individual tuition for groups of up to 3 people.

Price: 132 € for the 1st person, 98 € for the second and 78 € for the 3rd person.

The price includes:

A guide: 3 hours in the morning and assistance in the afternoon,

Equipment: rod, reel and line (except flies, on sale at the lodge),

Access to the river,

Lunch (including wine and coffee).

Additional activity: archery (5 people maximum on the range for a one-hour period)

Price/person: 15 €. The price includes access to the 3D archery range, bows and arrows (4 € per lost arrow)

Domaine de Sommedieue: Bruno FENAUX <http://www.fly-in-sommedieue.com>

• Option 3: “Nature & Carriage Rides”

Take a carriage ride to see the estate’s flora and fauna.

Carriage ride (on site or at Les Eparges)

In the grounds: prices from 250 € for 2 to 10 people

At Les Eparges: prices from 150 € for 2 to 10 people, 2-hour ride 90 €

Ferme du Sonvaux, Bernard PRUVOST <http://www.cheval-meuse.fr/>

• Option 4: “A Bird’s Eye View of Meuse”

See some of the beautiful countryside in Meuse from a hot air balloon

(contact us for details. Flights are subject to very stringent weather conditions)

Approximate price: from 300 € for 2 people

Guy ROUHAUD <http://www.lcev.net>

• Option 5: Golf in Combles-En-Barrois (near Bar-le-Duc)

“Practice” package for players, 55 € / pers. including:

- access to practice tee and putting green

- 1 green-fee

- lunch at the club house (including drinks)

“Visitor” package (for non-players visiting with players), 32 € / pers. including:

- guided tour of the park and gardens of Gilles de Trèves’ castle in Ville-Sur-Saulx,

- lunch at the club house
- free time to visit the Renaissance district
- admission to the Musée Barrois
- visit to the Pier'Art gallery (ceramics studio)

Bar-le-Duc Tourist Office <http://www.barleduc.fr/>

- **Option 6: Provision of a buggy or crossbone**

Go sightseeing with an unusual mode of transport!
See the landscapes of Meuse as you may never have seen them before.

1-day hire 80 €

Half-day hire (5 hours) 50 €

Hourly hire (every hour started is counted as a full hour) 25 €

For outings off the beaten track, the “Wind in the Forests” trail map is provided.

(The vehicle has a full tank when handed over and must be refilled before it is returned).

<http://www.leventdesforets.com/>

- **Option 7: Mountain biking and a guided tour of beauty spots in Verdun**

Provision of a bike, autoguide with CD headset and hikers' map.

Price/pers: 18 €

- **Option 8: An unforgettable set menu!**

By paying an additional 28 €/pers, we can replace the “Discovery” menu by the “Degustation” menu and replace the bottle of champagne with “wine-by-the-glass” (up to 5 glasses).